

ONE SOUL YTT STAFF



DEANNA MCDEARMONT
E-RYT 500, YACEP
LEAD YTT TRAINER
SPECIALTIES: CHAKRAS, SOUND
HEALING, MEDITATION,
KUNDALINI



LEAH CONNER
E-RYT 500, YACEP
YTT TRAINER
SPECIALTIES: YIN, TRAUMA
INFORMED, LUNAR PHASES,
PRE-NATAL



RACHEL FINNEY
CYT 500
INSTRUCTOR
SPECIALTIES: RESTORATIVE,
YOGA NIDRA, BEGINNER



ALLISON MARTIN
RYT 200
INSTRUCTOR
SPECIALTIES: ACTIVE FLOW,
CORE



BAILEE HILDERBRAND
CYT 200
INSTRUCTOR
SPECIALTIES: POWER FLOW,
CORE, STRENGTH



SCOTT MCDEARMONT, MD
E-RYT 200, YACEP
TRAINER
SPECIALTIES: ANATOMY,
PHYSIOLOGY, MEDITATION



LIBBY SHARPE
CYT 500
INSTRUCTOR
SPECIALTIES: THAI YOGA,
BREATHWORK, ECSTATIC
DANCE



FULL BIOS ON THE
HOME PAGE OF OUR
WEBSITE